



**American  
Red Cross**  
Kadena Air Base

# Volunteer Newsletter

A publication of the American Red Cross, Kadena Station

October 2019

## *A word from our Station Manager*

Thank you to all our volunteers that helped make September a successful Disaster Preparedness month and congratulations to our Volunteer of the Quarter and Impact Award recipients. As we welcome the month of October and Fire Prevention week, I want to remind everyone to practice fire safety with 2 simple steps: practice fire drills at home and test your smoke alarms monthly to stay safe from our nation's most frequent and deadliest disaster. Always practice safety, and please come by our office to get a free battery replacement for your smoke detector alarms.

Stay safe,  
Limary Cepeda Colon



*Callie Steinberg, Volunteer of the Quarter*

## Upcoming Trainings at Kadena Station, Bldg. 6800

| <b>DATE</b>           | <b>TRAINING</b>  |
|-----------------------|--|
| October 05, 0900-1100 | Adult and Pediatric CPR/First Aid/AED Course (Blended) |
| October 16, 1800-2000 | Adult and Pediatric CPR/First Aid/AED Course (Blended) |
| October 19, 0800-1700 | Babysitter's Training                                  |
| October 26, 0900-1600 | Adult and Pediatric CPR/First Aid/AED Course           |

For more information on these events, view our calendar at:  
[www.americanredcrosskadena.com](http://www.americanredcrosskadena.com)

## Fire Prevention Week, October 6<sup>th</sup> – 12<sup>th</sup>

When your smoke alarm runs low on batteries (*and it starts beeping and beeping and beeping until you rip out the batteries and throw them away in annoyance!*), do you forget to replace them because you don't have any extra batteries on hand? The Red Cross is here to make sure that doesn't happen! We have more than a thousand **9-Volt smoke alarm batteries for FREE** at the Kadena Station ARC office (Bldg. 6800); come by and pick some up so that you and your family are prepared!

### Did you know...

Home fires take seven lives a day in the U.S., and most often, in homes **without** working smoke alarms. Take the time this week to check the alarms in your home! **Checking your smoke alarms once a month** should be a part of your emergency plan, and the best time to have a plan is before you need it!

#### MAKE AN EMERGENCY PLAN!

- **INCLUDE AT LEAST 2 WAYS** to get out of each room
- **CHOOSE** a meeting spot at a safe distance
- **PRACTICE** your plan!

## Trunk or Treat, October 26<sup>th</sup>, 3:00 – 6:00PM

Need a safe place where your children can trick or treat? Join us and other organizations at **Camp Shields on October 26<sup>th</sup>** for Trunk or Treat, and make sure to bring your sweet tooth!

We are also accepting candy donations to support this event; **1 package of candy will translate to 30 minutes** of volunteer service!



Linda and Beaux Skorlich, rockstars!

## Volunteer Spotlight – Linda Skorlich

Linda Skorlich is an absolute **Rockstar!** Since becoming a volunteer in March 2018, she has proven herself as an indispensable role model in the community and a jack of all trades.

Wearing many hats in her support for the Red Cross Kadena Station's mission, Linda is a Dental Assistant Program Lead, a Dental Hygienist, an Army Vet Clinic Hygienist for K9, a Tiny Tiger Program Liaison, and a Puppy Tale Volunteer with her dog, Beaux.

*Thank you for all that you do, Linda!*

**You have made and continue to make an amazing impact in our community!**



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